

Sunday	Ed Jeske	Monday	Ed Jeske	Tuesday	Ed Jeske - Am / Shorty - PM	Wednesday	Ed Jeske	Thursday	Ed Jeske - am/Shorty PM	Friday	Ed Jeske	Saturday	Ed Jeske
Feb 20 Only (Erin and Brenda away) 10:00 - 10:45 am Jr/Int Freeskate 11:00 - 11:45 Snr A Freeskate 12:00 - 12:45 Snr B Freeskate		Jan 31, Feb 7, Feb 14, Feb 21 4:15 - 4:45 pm May Pole/Blue Caterpillar 4:45 - 5:15 Red/White Army 5:15 - 5:45 Int Freeskate 5:45 - 6:30 Snr B Freeskate 6:30 - 7:00 KidSkate 7:00 - 7:45 CanSkate 7:45 - 8:00 Flood 8:00 - 8:30 Ballroom Dance 8:30 - 9:00 Happy Dance		Feb 1, Feb 8, Feb 15, Feb 22, 6:45 - 7:15 am Blue Caterpillar 7:15 - 7:45 Red/White Army 4:00 - 4:45 pm Jr Freeskate 4:45 - 5:15 May Pole 5:15 - 5:30 Flood 5:30 - 6:15 Group/SO 6:15 - 7:00 Snr A Freeskate 7:00 - 7:40 Jail House Rock 7:40 - 8:20 BallRoom Dance		Feb 2, Feb 9, Feb 16, Feb 23 4:15 - 4:45 pm Snr B Freeskate 4:45 - 5:15 Happy Dance 5:15 - 6:00 Blue Caterpillar 6:00 - 6:15 Flood 6:15 - 6:45 Kid Skate 6:45 - 7:30 CanSkate		Feb 3, Feb 10, Feb 17, Feb 24 6:45 - 7:15 am Jail House Rock 7:15 - 7:45 BallRoom Dance 4:00 - 4:45 pm Snr A Freeskate 4:45 - 5:15 Jail House Rock/Happy Dance 5:15 - 5:45 BallRoom Dance 5:45 - 6:20 Snr B Freeskate 6:20 - 6:30 Flood 6:30 - 7:20 Group Test/SO		Feb 4, Feb 18 4:15 - 5:00 pm Blue Caterpillar/May Pole 5:00 - 5:30 Red/White Army 5:30 - 6:00 BallRoom Dance 6:00 - 6:45 Happy Dance 6:45 - 7:30 Jail House		Feb 5 Only 3:15 - 3:45 pm Blue Caterpillar/May Pole 3:45 - 4:00 Red/White Army 4:00 - 4:30 Happy Dance/ Jail House 4:30 - 5:00 BallRoom Dance	
		Feb 28 Only 4:15 - 4:45 pm May Pole/Blue Caterpillar 4:45 - 5:15 Red/White Army 5:15 - 5:45 Coached Requested Solos/Duets 5:45 - 6:30 Transition Choreography (1st Half) 6:30 - 7:00 KidSkate 7:00 - 7:45 CanSkate 7:45 - 8:00 Flood 8:00 - 8:30 Ballroom Dance 8:30 - 9:00 Happy Dance		Mar 1 Only 6:45 - 7:15 am Blue Caterpillar 7:15 - 7:45 Red/White Army 4:00 - 4:45 pm Coach Requested Solos/Duets 4:45 - 5:15 May Pole 5:15 - 5:30 Flood 5:30 - 6:15 Group/SO 6:15 - 7:00 Transition (2nd Half) 7:00 - 7:40 Jail House Rock 7:40 - 8:20 BallRoom Dance		Mar 2 Only 4:15 - 4:45 pm Transition (1st Half) 4:45 - 5:15 Happy Dance 5:15 - 6:00 Blue Caterpillar 6:00 - 6:15 Flood 6:15 - 6:45 Kid Skate 6:45 - 7:30 CanSkate		Mar 3 Only 6:45 - 7:15 am Jail House Rock 7:15 - 7:45 BallRoom Dance 4:00 - 4:20 pm Transition (2nd Half) 4:20 - 4:45 Transition (All Solos - Full Run) 4:45 - 5:15 Jail House Rock/Happy Dance 5:15 - 5:45 BallRoom Dance 5:45 - 6:20 Solos/Duets - Run Throughs 6:20 - 6:30 Flood 6:30 - 7:20 Group Test/SO		Feb 19 Only 2:30 - 2:45 pm Flood 2:45 - 3:30 Jailhouse Rock 3:30 - 4:15 Happy Dance 4:15 - 5:00 BallRoom Dance 5:00 - 5:30 Red/White Army 5:30 - 6:00 Blue Caterpillar/May Pole			

*** - Coaches can request any solo/duet that needs to be choreographed to come to these sessions.